



Welcomes back Diane Henderiks

Good Food Done Right™
Southwest Style

Salad

Arugula, Papaya & Avocado Salad with
Pomegranate-Lime Vinaigrette

Soup

Chipotle & Roasted Corn Soup

Entrée/Side Dish

Shrimp Veracruz
Gazpacho Brown Rice

Dessert

Warm Crepes with Mango & Pear Sauce

Presented by:

Diane M. Henderiks, R.D.
Dietitian in the Kitchen™

It's all about lifestyle changes...not diets!



Jackson's Steakhouse is a part of the Great Southern Restaurant Group (GSRG) and is a sister restaurant of the Fish House, Atlas Oyster House and The Deck Bar. For more information on any of our restaurants, please visit www.goodgrits.com

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